

UCLA Center for East-West Medicine

**“HOW TO STAY WELL & HEALTHY DURING
STRESSFUL TIMES THROUGH AN EAST-WEST APPROACH”**

at the



Saturday, September 30, 2017

2:00 -5:00 PM

Moderated By:

Ka-Kit Hui MD, FACP

Wallis Annenberg Professor in Integrative East-West Medicine
Professor, Founder and Director
UCLA Center for East-West Medicine
Department of Medicine, David Geffen School of Medicine
Chair, Collaborative Centers for Integrative Medicine
University of California, Los Angeles

Speakers:

Ming-Dong Li, PhD, LAc

Prof. Zhong Long Li

Yumin Cho, PhD

Cynthia Diep, DDS, LAc

*East-West approach to living well: Less stress, pain and fatigue, and better sleep.
Workshops on mind-body approaches, tai chi, oral health, acupuncture, massage, tuina and tips
on sleep and posture.*

Puente Hills Mall:

1600 S. Azusa Ave, City of Industry,
CA. 91748