

Medicine 180 Schedule			Instructor(s)
Week 1 Introduction to TCM	M 8/6	<ul style="list-style-type: none"> Welcoming Remarks & Overview of the Course and Expectations (1:00-1:15pm) Introduction to Traditional Chinese Medicine (TCM) (1:15-2:25pm) <u>Break: 2:25-2:35pm</u> Experiential: Introduction to Acupuncture, Eight Essential Acupressure Points and Acupuncture Demonstration (2:35-3:30pm) 	Ka-Kit Hui, MD, FACP & Annie Law, BA Lan Kao, LAc
	W 8/8	<ul style="list-style-type: none"> Clinical Application of Acupuncture as Part of a Comprehensive Model (1:00-2:10pm) <u>Break: 2:10-2:20pm</u> Posture and Movement (2:20-3:30pm) 	Ka-Kit Hui, MD, FACP Eva Nemeth, CMT
Week 2 Mind & Body	M 8/13	<ul style="list-style-type: none"> East-West Medicine and PTSD (1:00-2:10pm) <u>Break: 2:10-2:20pm</u> Integrative Mental Health (2:20-3:30pm) 	Lan Kao, LAc Nadia Haddad, MD, LAc
	W 8/15	<ul style="list-style-type: none"> Tai Chi (1:00-2:10pm) <u>Break: 2:10-2:20pm</u> Introduction to Mindfulness Meditation 	May Chen, MA Marvin Belzer, PhD
Week 3 Nutrition, Supplements and Herbs	M 8/20	<ul style="list-style-type: none"> East-West Nutrition (1:00-2:10pm) <u>Break: 2:10-2:20pm</u> Herbal Medicine (2:20-3:30pm) 	Yumin Cho, PhD Grant Chu, MD
	W 8/22	<ul style="list-style-type: none"> The Good, Bad and Ugly of Cannabinoids in Therapeutics (1:00-2:10pm) <u>Break: 2:10-2:20pm</u> Nutritional Supplements (2:20-3:30pm) 	Jeffrey Chen, MD Ka-Kit Hui, MD, FACP
Week 4 Naturopathy, Eye Health and Application	M 8/27	<ul style="list-style-type: none"> Intro to Naturopathy (1:00-2:10pm) <u>Break: 2:10-2:20pm</u> East-West Medicine and the Eye (2:20-3:30pm) 	Allen Jang, ND Lan Kao, LAc
	W 8/29	<ul style="list-style-type: none"> Wellness Plan Presentations and Discussion (1:00-2:10pm) <u>Break: 2:10-2:20pm</u> Wellness Plan Presentations Continued (2:20-3:00pm) Escape Fire Discussion (3:00-3:30pm) 	Ka-Kit Hui, MD, FACP
Week 5 Integrative Oncology	M 9/3	HOLIDAY – Labor Day	
	W 9/5	<ul style="list-style-type: none"> Integrative Oncology (1:00-2:10pm) <u>Break: 2:10-2:20pm</u> East-West Approach for Patients with Cancer (2:20-3:30pm) 	Irene Kim, LAc, PhD and Integrative Oncology Scholars Ka-Kit Hui, MD, FACP
Week 6 Integrative Oral Health and the East-West Model	M 9/10	<ul style="list-style-type: none"> Integrative Oral Health (1:00-2:10pm) <u>Break: 2:10-2:20pm</u> Integrative Oral Health and Sleep (2:20-3:30pm) 	Cynthia Diep, MDDS, LAc
	W 9/12	<ul style="list-style-type: none"> Putting it All Together: Integrative East-West Medicine and the Components of Health and Prevention (1:00-2:10pm) <u>Break: 2:10-2:20pm</u> Shanghai Travel Study Group Shares their Experiences (2:20-3:30pm) 	Ka-Kit Hui, MD, FACP